**NEW HEALTH NAVIGATORS**

Carly Taylor & Kirsty Watts have joined our Reception Team



**NEW CLINICAL STAFF**

We have recently welcomed ST2 **Doctor** **Emily Nelson** and FY1 **Doctor Nicole** **Yacob**.

A ST2 has completed several years of training and in just over a year is due to complete her training and become a GP. An FY1 is newly qualified doctor and receives direct supervision

Dr Nelson will be here for 6 months and Dr Yacob will be with us for 2 years

**Stephanie Scholes** is our new Practice Nurse. Stephanie has recently worked as part of the District Nursing Team but has now joined General Practice

Website: Stablefoldsurgery.co.uk

Email: **gmicb-bol.p82005@nhs.net**

Tel: 01942 813678

**TRAINING PRACTICE**

Stable Fold is once again a training practice. We are very pleased to announce that we will be supporting junior doctors and student nurses through their training, having been approved as a learning environment. This means your appointment may be with a junior doctor or nurse and you may see some new faces at the surgery.

Having trainees allows us to offer more and longer appointments, has wider benefits for the practice and our patients, and will have an all-round positive impact on the surgery.

Our trainees are supervised by an experienced GP or nurse who is available at all times should they need any advice regarding your care.

Thank you for your support in helping us to train the next generation.

Dr Michael Holland

**STABLE FOLD SURGERY NEWSLETTER OCTOBER 2023**

**COVID & FLU VACCINATIONS**

The first priority group is the housebound and those in Care homes, followed by those aged 65 years + and then the at risk groups will follow

Covid vaccinations are to be given at Peter House Surgery on invitation. Flu vaccination can be given at the same time.

From Monday 18 September 2023, there is a Walk In service offering Flu and Covid vaccination at Bolton Health Hive, in the Market Place, Bolton town centre

Alternatively, Flu and Covid vaccination can be given at Stable Fold Surgery from October 2023, once Stable Fold have invited relevant patients

**SOCIAL PRESCRIBING**

**Do you need support with debt, housing, employment, lifestyle changes, becoming more active, loneliness?**

**Please contact Reception, inform them of what support you require and ask to be referred to the service**

To be referred to a Social Prescriber, you must be 18 years plus, consent to being referred to the service and give consent to your record being shared with the Social Prescribing team

**Social Prescribers can help you:**

Be more active

Support your own mental wellbeing

Be healthier

Be more socially connected

Live well and more independently

With your finances

**HOME VISITS**

Home visits should be requested before 11am on the day, this will be triaged by the Duty Doctor and allocated appropriately.

Home visits should be requested by truly housebound patients only. This can include those who are temporarily housebound due to a recent operation.

**CAR PARK**

Please be mindful when using the practice car park. **Spaces are limited and should only be used by patients, visitors and staff who are attending the surgery, on the day**

**DEDICATED DIABETIC CLINIC**

Dr Jacob now offers a diabetes clinic every Thursday to review Diabetic patients

**ANNUAL REVIEWS**

In line with NHS guidelines, patients with the following conditions are invited for an annual review of their condition:

Asthma/COPD, dementia, diabetes, high blood pressure, heart conditions, learning disabilites, mental health, chronic kidney disease or rheumatoid arthritis

**Please ensure that you attend for your annual review appointments**

**DNAs (Did not attend Appointment)**

During the month of **August** 2023, the total of **107** patients did not attend their appointment and did not cancel it.

Please ensure that you cancel if you do not need your appointment and ensure you have updated us if your contact details have changed.

**ROUTINE APPOINTMENTS**

Visit our website and fill out the online consult form at

<https://www.online-consult.co.uk/org/stable-fold-surgery>

We will then contact you within the following 2 days, with advice or a future appointment time

**OPENING TIMES**

**Opening Hours (Door closes 6.00PM)**

Monday 8.00AM-6.30PM

Tuesday 8.00AM-6.30PM

Wednesday 7.30AM-6.30PM

Thursday 7.30AM-6.30PM

Friday 8.00AM-6.30PM

**When we are closed:**

Out of Hours Service 0161 763 8940

NHS 111 111

Leigh Walk in Centre 01942 483 453

 **EXTENDED PRIMARY CARE**

Appointments are offered at Unsworth Group Practice (Peter House Surgery) Captain Lees Road Westhoughton BL5 3UB.

We offer multiple clinician’s such as Doctors, Nurses, MSK’s & MH practitioners and the hours are Mon-Friday 6.30PM-9.30PM and Saturdays 9AM-5PM.

If these appointment times would suit you better please ring the surgery for our availability. These appointment are pre-bookable.

**HOLIDAY VACCINATIONS**

**I**f going away on holiday, please

submit a travel health review application preferably with at least 8 weeks notice (but as much as possible) in order to arrange any vaccines required in good time before travel

**SHINGLES VACCINATION**

Shingles vaccination is still available for the patients who meet the following criteria:

Aged 50 years and over and immuno-compromised

Aged 65 years from 01/09/2023

Aged 70 from 01/09/2023

Aged 70-79 if not had before

Please see Reception for further details

**FINAL NOTE**

We bid farewell to the **AMAZING** Dr J Ward!

Dr Ward will be ending his time with us on 19 October 2023. We were the first practice that he worked at since he qualified as a GP, but he feels it is time to try new challenges and seek new adventures

We wish him every success and happiness in his new employment and he will be greatly missed by all staff

**CONTACTING 111**

At times the Health Navigators may direct you to call 111 when we have no appointments available

NHS 111 can make direct appointments with a variety of health services including GPs, some Mental Health Services and Urgent Treatment Centres

This practice has a contractual obligation that states we must provide GP appointments for 111 to book patients into, so several appointments are saved to allow 111 to book patients in, on a daily basis